

Breakfast

SERVED TILL 11:30AM

ACAI SMOOTHIE BOWL 15

Acai Smoothie with crunchy granola, toasted coconut & seasonal fresh fruit

FRESH PANCAKE STACK 13

- Fresh banana, chocolate sauce & hazelnut praline
- Roasted peaches, creme fraiche, lemon & flaked almonds

THE HOME LOAN 14

Smashed avocado on toasted ciabatta, whole roasted tomatoes, poached egg, feta & dukkah

THE IRON SUPPLEMENT 15

Corn & zucchini fritters with whole roasted tomato & vegan mayo

THE CLASSIC 16

Local Secret Rock free range eggs poached, fried or scrambled with bacon & toasted ciabatta

DEL'S BIG BREAKFAST 19

Local Secret Rock free range eggs, bacon, sausage, whole roasted tomato, sauteed mushrooms, with hash browns & toasted ciabatta

KINGS BREAKY 21

Cured Hiramasa King Fish on toasted muffins with poached eggs & house made hollandaise

EGGS BENNY

Local Secret Rock poached eggs on English muffins with house made hollandaise sauce

- Local shaved leg ham 17
- Sautéed fresh spinach 18
- Smoked Salmon 19

YOU BEAUT 10

Bacon, lettuce & tomato in warmed milk bun with house made mayo

ADD ONS

Egg free range	2	Bacon (2 x rashers)	4
Sausage	3	Roasted tomato	2
Mushrooms	3	Spinach	2
Avocado smash	3	Hash browns	2
Gluten free toast	2		

CROISSANT WITH LEG HAM & CHEESE 9

CIABATTA TOAST - 3 SLICES 5

- With a selection of spreads

RAISIN TOAST - 3 SLICES 5

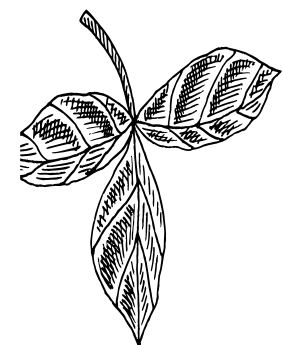
- With a selection of spreads

BACON & EGG MUFFIN 7

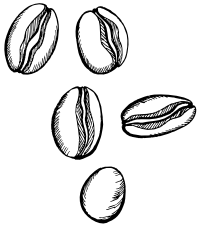
Fried free range egg with bacon in toasted English muffin

TOASTED SANDWICHES - All day

Ham & Cheese	6	Ham, Cheese & Tomato	8
Cheese & Tomato	6	Bacon	5

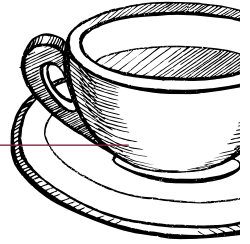


PLEASE SELECT YOUR TABLE AND ORDER AT THE FOOD COUNTER
ALL PRICES INCLUDE GST



Coffee+Tea

ALL DAY



	Cup	Mug	Jumbo
ESPRESSO (Short black)	3.3		
CAPPUCCINO	4.2	5	6
FLAT WHITE	4.2	5	6
CAFFE LATTE	4.2	5	6
LONG BLACK	4.2	5	6
HOT CHOCOLATE	4.3	5	6
CHAI TEA LATTE	4.3	5	6
TUMERIC LATTE	4.3	5	6
MOCHACCINO	4.3	5	6
Chocolate flavoured cappuccino			
DIRTY CHAI	5	5.8	6.5
Chai tea latte with shot of espresso			
MACCHIATO			3.7
Espresso coffee layered with milk			
VIENNA COFFEE			6
White or black coffee with whipped cream			
AFFOGATO			6.2
Espresso Coffee served with ice cream			
TEA – LOOSE LEAF			4
English breakfast, Earl Grey, Green, Peppermint, Chai Sutra or Licorice Spice			
ICED LATTE			5.5
Espresso coffee over milk and ice			
ICED DRINKS – COFFEE MOCHA CHOCOLATE			6
With ice cream & whipped cream			
EXTRAS			
Extra shot of Coffee			.80
Lab Milk Soy Milk			1.00
Lab Milk Almond Milk			1.00
Lab Milk Lactose Free			1.00

